

# **Don't become a carbon monoxide death statistic**



**Be Aware, Be Prepared**

## Signs of carbon monoxide poisoning Include:

# Carbon Monoxide, the silent killer

Any appliance using fossil fuel can produce carbon monoxide. Protect yourself and your family from carbon monoxide poisoning.

- ✗ NEVER take a BBQ or gas cylinder cooker into your tent to cook food
- ✗ NEVER use a BBQ or gas cylinder cooker to warm up your tent
- ✓ ALWAYS make sure you cook a safe distance away from your tent  
(wind can blow carbon monoxide into your tent)
- ✓ ALWAYS take a battery operated carbon monoxide detector camping with you.



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